

SANJOSE WELFARE CENTRE
Reg. No. K. 322/78
Kanakkary P.O., Ettumanoor
Kottayam(Dist), Kerala – 686632
Phone:0481-2535834,2535894,
E-mail: sanjoetr@gmail.com Website : sanjosewc.org

Annual Report of 2023-24

San Jose Welfare Centre has completed Forty Five years of Training and rehabilitation services to the differently able with diligence and earnestness after a humble start in 1978. It gives us immense pleasure to put on record our activities for the year 2023-24 and share our sweet memories. We are proud to say that we are now one of the leading institutions in the field of Disability Management in Kerala.

Looking back to the activities of past 45 years of the institution a lot of good things been done for both the society and the individuals, about which we can feel proud of. Sanjose Welfare Centre was established in 1978 with the aim of providing rehabilitation, Education and Training to the Mentally Disabled. It is registered under the Travancore – Cochin Literary Scientific and Charitable societies Registration Act X11 of 1955. The Organization is running two Special Schools, one Vocational Training Centre for youth mentally disabled persons, and other social work activities.

The Government of India, Ministry of Social Welfare continues to support this institution financially and also we are grateful to them.

Various Activities undertaken the year 2023-24

➤ **Sanjose Vidyalaya Ettumanoor:**

Sanjose Vidyalaya stands as a tent of comfort for hundreds of children under the leadership of St. Joseph Congregation in Kottayam Archdiocese as a memorial of the sanctity and devotion of the mothers who sowed the dream of development along with the spiritual penance of the divine mercy devotee, visionary and philanthropist Daivadasa Thommiachan. As we celebrate the anniversary, the Activity Report for the academic year 2023-24 is joyfully before you. Let's submit.

The year under review, showed the tremendous growth of Sanjose Vidyalaya, both quantitatively and qualitatively. The quantitative growth can be gauged from the increase in the number of children trained. The qualitative improvement is reflected in the progress of the children in mentally, physically and socially. San Jose Vidyalaya was started in 1989 with its crib of 10 students. During the year 2023-2024, we have strength of 238 students.



Out of them 160 are below 23 years students. All of them are intellectually disabled. The Academic year started on 1st June 2023 with praveshanolsavam, prior to that the new admission began on 15th May. The Government of India, Ministry of Social Welfare continues to support this institution financially and also, we are grateful to them.

34th Anniversary of the school was conducted quite harmoniously on 21st March 2024 in our school auditorium. The Annual function was inaugurated by Mrs. Lovely George, Chairperson, Ettumanoor Municipality. Rev. Sr. Anitha SJC, Superior General of St. Joseph's Congregation presides over the function. Rev. Fr. Jose Kadavilchirayil, our parish priest gave a word of blessing. Rev. Sr. Jolly SJC, Manager of San Jose Vidyalaya gave a Keynote address. Mr. Viswanathan, the Member of Ettumanoor municipality gave felicitation. And the cultural programmes add the colour of the function.

School Management:

The patron of the school is Reverend Sr. Anita, Superior General of St. Joseph Congregation, Secretary Social Work Counselor Sr. Gracy, Local Manager Sr. Jolly and Principal Sr. Anupama.



Students

Till this time, we were given an admission to 603 students in this school. This institution admits boys and girls who are mentally retarded and belongs to the ages of 3 - 30. The school timing is from 10 A.M. to 3.30 P.M. According to their functional level and I.Q. divi

dedthemintogroupsandgiveclassesinacademics, training in vocational, Cultural and other craft works to each group. So that we could understand the progress well. Their participation in appropriate games and sports, including dance & music, painting etc helped them to socialize and to have interpersonal communication. It also helped them to develop personal discipline, orientation and mobility skills. At present here are 15 inmates in the hostel. All of them are coming from financially backward families.

LIST OF STUDENTS

<i>SL NO</i>	<i>CLASS</i>	<i>TOTAL BOYS</i>	<i>TOTAL GIRLS</i>	<i>TOTAL B+G</i>	<i>SC BOYS</i>	<i>SC GIRLS</i>	<i>ST BOYS</i>	<i>ST GIRLS</i>	<i>OBC BOYS</i>	<i>OBC GIRLS</i>	<i>GENERAL BOYS</i>	<i>GENERAL GIRLS</i>
1	<i>CAREGROUP A</i>	4	6	10	1	0	0	0	0	2	3	4
2	<i>CAREGROUP B</i>	5	5	10	0	1	0	0	2	1	3	3
3	<i>PRE PRIMARY</i>	5	3	8	1	0	0	0	0	1	4	2
4	<i>PRIMARY I A</i>	6	2	8	0	0	0	0	1	0	5	2
5	<i>PRIMARY I B</i>	4	4	8	0	0	0	0	1	0	3	4
6	<i>PRIMARY I C</i>	4	1	5	0	0	0	0	0	0	4	1
7	<i>PRIMARY I D</i>	6	0	6	1	0	0	0	0	0	5	0
8	<i>PRIMARY I E</i>	5	1	6	0	0	0	0	1	0	4	1
9	<i>PRIMARY II</i>	4	4	8	0	0	0	0	0	1	4	3
10	<i>SECONDARY A</i>	6	5	11	0	0	0	0	5	1	1	4
11	<i>SECONDARY B</i>	4	5	9	1	2	0	0	1	0	2	3
12	<i>SECONDARY C</i>	4	5	9	0	1	0	0	1	0	3	4
13	<i>PRE VOCATIONAL I</i>	5	4	9	0	0	0	0	1	2	4	2
14	<i>PRE VOCATIONAL II</i>	4	4	8	1	1	0	0	2	1	1	2
15	<i>VOCATION I A</i>	8	4	12	0	0	0	0	1	2	7	2

16	VOCATION 1 B	8	6	14	1	0	0	0	2	1	5	5
17	VOCATION 1 C	3	8	11	0	0	0	0	1	3	2	5
18	VOCATION 1 D	2	6	8	0	0	0	1	1	1	1	4
	TOTAL	87	73	160	6	5	0	1	20	16	61	51

ACTIVITY CALENDER

DATE	ACTIVITIES 2023-2024
JUNE	
01-06-2023	MEDICAL CAMP
05-06-2023	SCHOOL OPENING
19-06-2023	NATIONAL READING DAY CELEBRATION
21-06-2023	INTERNATIONAL YOGA DAY
23-06-2023	PARENTS MEETING
26-06-2023	WORLD ANTIDRUG DAY PROGRAM
26-06-2023	SRG MEETING
27-06-2023	HELEN KELLER DAY
JULY	
12-07-2023	DIGITAL LEARNING CLASS
15-07-2023	2025 WORLD WINTER GAMES SOB KERALA
22-07-2023	2025 WORLD WINTER GAMES SOB KERALA
24-07-2023	SRG MEETING
31-07-2023	SRG MEETING
AUGUST	
15-08-2023	INDEPENDENCE DAY
16-08-2023	VEGETABLE DAY
23-08-2023	ONAM CELEBRATION
25-08-2023	STAFF ONAM CELEBRATION
SEPTEMBER	
05-09-2023	TEACHERS DAY CELEBRATION
24-09-2023	SRG MEETING

29-09-2023	SWATCH BHARATH DAY
OCTOBER	
09-10-2023	CARITAS NURSING COLLEGE STUDENTS VISITING
09-10-2023	SRG MEETING
26-10-2023	CONDUCTING DISTRICT KALOLSAVAM
NOVEMBER	
01-11-2023	KERALA PIRAVI
02-11-2023	AWARENESS CLASS IN DENTAL FOR PARENTS
03-11-2023	CONDUCTING STATE ACHIEVEMENT TEST
06-11-2023	SRG MEETING
07-11-2023	CONDUCTING DENTAL MEDICAL CAMP FOR STUDENTS
14-11-2023	CHILDRENS DAY
DECEMBER	
04-12-2023	DISABILITY DAY PROGRAM
04-12-2023	SRG MEETING
08-12-2023	INTELLECTUAL DISABILITY DAY
19-12-2023	SCHOOL TOUR
22-12-2023	CHRISTMAS CELEBRATION
JANUARY 2024	
13-01-2024	SRG MEETING
20-01-2024	SCHOOL TOUR
22-01-2024	SRG MEETING
26-01-2024	REPUBLIC DAY
29-01-2024	SRG MEETING
FEBRUARY	
01-02-2024	ANNUAL SPORTS DAY
05-02-2024	SCHOOL TOUR
12-02-2024	SRG MEETING
23-02-2024	PERSONALITY DEVELOPMENT CLASS FOR PARENTS CONDUCTED IN CARITAS NURSING COLLEGE PROFESSORS
MARCH	
15-03-2024	AWARENESS CLASS FOR DISASTER MANAGEMENT
19-03-2024	ST. JOSEPH DAY
21-03-2024	ANNUAL DAY CELEBRATION

Academics Year Commencement:

In order to nurture the physical and mental condition of the children and prepare the new spring of knowledge, the entrance ceremony of the academic year 2023-24 held on 5th June at 10.30 am in the school auditorium, Ettumanoor Knanaya Catholic Church Vicar Rev. Fr. Jose Kadavilchirayil presided over programme and the Municipal Councilor E.S Biju inaugurated the same.



Environment Day

Various programs related to Environment Day celebrations were inaugurated by Hon'ble Minister of Cooperative Ports Department Shri V.N Vasavan sir. He planted the tree and told the children about the need for nature conservation.



Staff:

160 children under Below 23 years of age and 78 children in vocational training, 238 children and 67 teaching and non-teaching staff are part of the school. Seven teachers have been appointed to provide artistic training and six specialists have been appointed to provide special services. These teachers and non-teachers are the strength of San Jose.



SL NO	NAME	DESIGNATION
1	GRACY M L	PRINCIPAL
2	TRESA JOSE	SPECIAL TEACHER
3	JYOTHI BALAKRISHNAN	SPECIAL TEACHER
4	ASWATHY N C	SPECIAL TEACHER
5	SHEREMOL P	SPECIAL TEACHER
6	AMRUTHA K R	SPECIAL TEACHER
7	TINCY JOY	SPECIAL TEACHER
8	ANITHAMOL A P	SPECIAL TEACHER
9	ELSAMMA THOMAS	SPECIAL TEACHER
10	JOLLY K C	SPECIAL TEACHER
11	ANCY BABY	SPECIAL TEACHER
12	LEELAMMA JAMES	SPECIAL TEACHER
13	LISSYMOL K J	SPECIAL TEACHER
14	SOUMYA BALAKRISHNAN	SPECIAL TEACHER
15	SHYNI P S	SPECIAL TEACHER
16	NEHA J KAVIL	SPECIAL TEACHER
17	NEETHU ANAND	SPECIAL TEACHER
18	MERCY KURIAN	SPECIAL TEACHER
19	TINU STEPHEN	SPECIAL TEACHER
20	LEELAMMA PETER	SPECIAL TEACHER
21	ANUPAMA MARIADAS	SPECIAL TEACHER
22	BLESIA M PETER	SPECIAL TEACHER
23	MARLIN PIOUS	SPECIAL TEACHER
24	MARIAMMA VARGHESE	OCCUPATIONAL THERAPIST
25	DONA CHRISTY JOY	PHYSIOTHERAPIST

26	<i>ANNIE ABRAHAM</i>	<i>VOCATIONAL INSTRUCTOR</i>
27	<i>MILAN JOSE</i>	<i>PHYSICAL EDUCATOR</i>
28	<i>CHRISTY BOBY</i>	<i>SPEECH THERAPIST</i>
29	<i>LAILA JOBY</i>	<i>SPEECH THERAPIST</i>
30	<i>ASHIK ALPHY</i>	<i>SOCIAL WORKER</i>
31	<i>JEENAMOL VARGHESE</i>	<i>ACCOUNTANT</i>
32	<i>DEEPA MICHAEL</i>	<i>WARDEN</i>
33	<i>SONEYA BABY</i>	<i>COMPUTER INSTRUCTOR</i>
34	<i>RESMIMOL K R</i>	<i>AYAH</i>
35	<i>MRUDULLA ELIZABETH SIMON</i>	<i>AYAH</i>
36	<i>MINI KURIAN</i>	<i>AYAH</i>
37	<i>SUNIMOL M M</i>	<i>AYAH</i>
38	<i>ANCY T J</i>	<i>AYAH</i>
39	<i>KAVYA P B</i>	<i>AYAH</i>
40	<i>MARY BENNY</i>	<i>AYAH</i>
41	<i>ANI K K</i>	<i>AYAH</i>
42	<i>SHINI BIJO</i>	<i>AYAH</i>
43	<i>MARYKUTTY MARKOSE</i>	<i>AYAH</i>
44	<i>ASWATHY N C</i>	<i>AYAH</i>
45	<i>ANITHA SEKHARAN</i>	<i>PEON</i>
46	<i>MOLLY SEBASTIAN</i>	<i>COOK</i>
47	<i>MINI STEPHEN</i>	<i>COOK</i>
48	<i>JOSE P J</i>	<i>DRIVER</i>
49	<i>SUKUMARAN N K</i>	<i>DRIVER</i>
50	<i>LINU MATHEW</i>	<i>NURSE</i>
51	<i>JAYAKUMARY K T</i>	<i>MUSIC TEACHER</i>
52	<i>PUSHPALATHA R</i>	<i>DANCE TEACHER</i>

53	<i>SNOBY PHILIP</i>	<i>CRAFT TEACHER</i>
54	<i>DR LISSY P.M</i>	<i>DOCTOR</i>
55	<i>DEEPA A</i>	<i>DEVELOPMENTAL THERAPIST</i>
56	<i>SHAJIMON M S</i>	<i>INSTRUMENTAL MUSIC</i>
57	<i>JOSEPH C J</i>	<i>BAND MASTER</i>
58	<i>MINIMOL KURUVILA</i>	<i>PSYCHOLOGIST</i>
59	<i>CLARA TJ</i>	<i>DRAWING TEACHER</i>

Along with academic matters, various types of Therapies such as Speech Therapy, Occupational Therapy, Physiotherapy, Yoga Therapy, Multi-sensory, Ball Therapy, Laughing Therapy, Developmental Therapy and Swimming are provided to the children in need. The first staff meeting was held on 31/5/2023 and the activities of 2023-24 were planned. Sr. Tessa was elected as the Vice Principal, Aswathy R Nair as the Staff Secretary and Tinu Stephen as the SRG Convener. Also, each staff was assigned to Arts, Sports, Sensory Park, Bus, Noon meal and MPTA.



Marlin Pious, Blesiya M Peter, Sr.prashanth, Anila Anil,

Amrita, Vaishnavi, Rohini and Priyafrancis who have transferred from this school.Sr. Jolly, Sr. Ancy, Jeena and Ashik Alphy as Social worker. Newly from this academic year, the staff members are recording Biometric attendance and after the prayer of the staff, the assembly is conducted for the children under the leadership of PT Sir.



Children are given special rice, milk and eggs as a government scheme mid-day meal. Vegetables from the vegetable garden, which was built with the concept of non-toxic vegetables, are given to the children. Teachers who are prepared through teacher training provide learning exercises to the children. Staff meetings are held at regular intervals and regular evaluations are conducted. Birthday celebrations and staff tours are organized for teachers to strengthen their bond. School resource group meeting, staff



meeting and class PTA are conducted regularly to assess the learning status of the children.

The teachers here participate in courses and international seminars held at various places. Especially participating in CRE courses online and offline. Sr. Anupama and Jeenamol participated in the class of PFMS held in Thiruvananthapuram. Sr. Anupama, Sr. Ancy, Soumya Balakrishnan and Jyoti Balakrishnan teachers of our school participated in the digital learning awareness class conducted by the exceptional learning team for the special school teachers of Kottayam district. Sanjose Vidyalaya conducted the special school district arts festival organized



by the state education department on 26th October 2023. Children from special schools and government Schools participated in this. Our children also excelled in the State Special School Art Festival organized by the State Government at Kalamassery on November 9, 2023. Second A grade in patriotic song, group song, folk dance and A grade in simple song and painting in junior and senior category.

Iyryn Ann Siby participated in the World Special Olympics held in Berlin, Germany from 17th to 23rd June 2023 and secured the fourth position.

Our children participated in the boyancy program held at SFS school on 13th October and won 1st and 2nd positions.

Our children participated in the awake program held at Mannanam KE College on 27th and 28th October and won prizes.

Vitto and Divya participated in the purple fest sports program held in Goa from January 8 to 14.



Celebrations:

Environment Day, Reading Day, Yoga Day, Anti-Drug Day, Helen Kellers Day, Independence Day, Vegetable Day, Teacher's Day, Swatch Bharath Campaign, Kerala Birth, Children's Day, Disability Day, Intellectual Disability Day, Republic Day, Christmas, Annual Sports Day, and were strictly observed.



On Environment Day Hon'ble Minister of Cooperative Ports Department VN Vasavan planted a tree and delivered Environment Day message. On the occasion of Anti-Drug Day, children were given awareness about this day through a flash mob.

Independents Day:

Former President of San Jose Welfare Center Honorable Sr. Cyril raised the flag and delivered the message. Children's art programs and rally were held. A display of children lined up in the shape of a map of India made for a fascinating sight.



Vegetable Day:

On the occasion of Vegetable Day, children brought vegetables from their homes and displayed them.



Teachers Day:

Our teachers participated in the motivational class and games held at Changanassery Asabahan on the occasion of Teachers' Day, which commemorates every teacher who took us to the world of letters.



Swachabharat campaign:



As part of the Swachabharat campaign, the children were brought together in the assembly, the children were made aware of the importance of this



day and the school and its premises were cleaned under the leadership of the teachers.

On the occasion of Kerala Birth Day, a competition was held for children dressed in Kerala costumes. Sreelakshmi V and Vishnu PP were also awarded. All the children who participated were given an incentive gift.

Children's Day:

On the occasion of Children's Day on November 14, an assembly was held in the



school yard in memory of Chachaji and Kottayam Medical College Anatomy professor Dr. Jenish Joy inaugurated the Children's Day rally, hoisted the flag and delivered the message.

Disability Day Celebration:

Artist AjeshKottayam has made this day colorful through mimicry and stage show as the main guest of the World Disability Day. Also, On the occasion of World Disability Day, children got an opportunity to participate in a program organized by the District Social Justice Department at Kottayam Baker Memorial Girls Higher Secondary School. December 8 was observed as intellectually disabled day.



Republic Day:



On the occasion of Republic Day, the children reached the school yard and held a rally with a band display and the school manager Sr. Jolly gave the Republic message.

Various Celebrations:

Onam:



The Onam celebration at SanjoseVidyalaya was colorful. Children, parents and teachers celebrated Onam by preparing flowers and participating in Onam games, singing Onam songs, eating Onam food. Rev. Fr. Jose Kadavilchirayil also gave an Onam message.

Christmas:

This year's Christmas was a brand new experience. The art programs conducted by the



parents were very fresh and colorful. The auspicious occasion was inaugurated by Advocate Chandy Oommen MLA, who delivered the Christmas message and cut the cake. Also, a sick room was allocated from Caritas Hospital and the director Rev. Father Binu Kunnath performed the inauguration ceremony.



Medical Camp:

A campaign for children's medical certificate and uniform identity cards was conducted in the school and a team consisting of psychologists and medical board members from the district hospital reached here and conducted necessary examinations and issued medical certificates and UDID cards to the children. On this occasion, the district hospital authorities are gratefully remembered for helping to make this initiative



under the leadership of the paid organization very successful.

Awarness Programme:



For the protection of teeth, an awareness class on personal hygiene was conducted for parents under the leadership of Caritas Hospital. Also, an awareness program was conducted for children above 15 years of age and their parents under the leadership of Employment Officer Sonia Nazeer.

A team of 10 people came from MG University in the leadership of Dr. Baburaj P T (Associate Professor) and conducted an awareness class for children about disaster management.

Our children have also participated in the state achievement test for children in selected schools under the leadership of BRC.



Examination:

The examination for classes 4, 7 and 10 was conducted under the leadership of the Literacy Mission. Thomas Emmanuel, Divya Kunjumon, Abhiram K Sajeew and Bibin Babu appeared for the 10th class examination and all of them passed. San Jose's congratulations to the children.

Annual Sports Day :

Group wise competitions were conducted and prizes were distributed among the children to enhance, evaluate and encourage sportsmanship and inculcate competitiveness in the children.



Outing:

Children are taken on tour in different groups every year for their mental entertainment. This year the tour was conducted in three groups. The children participated in the excursion to Hangout, Silver strom and Hyderabad with great joy and enthusiasm.



Band and Chenda:



SanjoseVidyalaya's Band Set and Chendamelam play a major role in raising the school's reputation. It is a proud achievement that our children are participating in district and state level competitions and winning prizes. Band and chenda are performed for these processions and receptions. Congratulations to CJ Joseph sir and Shaji sir for making our children so skilled in this art.

Visitors:

Higher education providers from various places and education department visit here to understand the curricular and extra-curricular

programs of the children and to know how much progress is being made with their training plan. MSW students of Ettumanoorappan College and Nursing students of Caritas Hospital visit this place and promote the school activities. Also trainees/students from various training centers come here for internship.



Vocational Training Center:

This year, under the leadership of Sr. Sherin, training is being provided at this center to empower differently-abled children to become self-employed and in innovative professions to bring them into the mainstream of society. 25 children are working



regularly in paper bag section. Paper bags are making and supplying as per the orders from other Institutions. Also training is given in Host Making, Rosary, candle making, cloth bag and book binding. The profit from this is paid as salary to the children. The rest is used for school activities.

PRATHEEKSHA BHAVAN, KANNUR

This school was established under Sanjose Welfare Centre in 1992 at Pallikunnu, Kannur District. Now 116 students are being under the guidance of 15 teachers. The students are participating and winning prizes in the different competitions in the District and state level. Students are being trained in different vocational skills like making Medicine cover, Disposable glass, cloth bag etc.



JOSEGIRI HOME FOR THE MENTALLY CHALLENGED

Under Sanjose Welfare Centre in 1983 Josegiri was set up as a lifelong centre for the mentally challenged women. Rehabilitation work and skill development programme for 21 women are being conducting here. Most of the women have reached self reliance through relentless efforts. Management has been taking care of all the expenses; also very few grant is being received from state government through Social Welfare Department.



MARIA BHAVAN, NEEZHOOR

Maria Bhavan is also another lifelong centre for mentally challenged women. 13 inmates are here and they are engaged in gardening, cultivation of crops, Agriculture, Paper Bag, Horti Culture and cattle breeding.



ST. JOSEPH'S HOME, THOTTARA

St .Joseph's home has been undertaking work of rehabilitation and



skill development since number of years. At present 15 mentally challenged women are the inmates of the St. Joseph's Home. They are doing the cover making and also they are helping in house hold work, Agriculture and dairy farm.

Conclusion:

San Jose Welfare Centre has completed Forty Five years of meritorious service towards rehabilitation of the differently abled. From a humble beginning in 1978, it has grown as a premier institution in the field of Disability Management today and we were able to adjust ourselves to demanding situations because of the guidance of our Management besides the support of Executive Committee members, General Body members, Advisory Board members, etc. We are grateful to all government officials. We are indebted to all our Volunteers who are helping our Services and adding glory to it from behind the scene. Our thanks are also due to benefactors for their financial and other supports rendered on a timely basis. Last but not least, our thanks are due to our hard-working staffs who continue to put their heart and soul in discharging their duties towards achieving our goal, viz. establishment of the "Centre for the Differently Abled". It is with pride we record here that our staff has given wonderful cooperation in our Endeavour to implement various programs.

